

[KRS 158.070\(3\)\(a\)](#) provides that “[e]ach local board of education shall use four (4) days of the minimum school term for professional development and collegial planning activities for the professional staff without the presence of students pursuant to the requirements of [KRS 156.095](#). At the discretion of the superintendent, one (1) day of professional development may be used for district-wide activities and for training that is mandated by federal or state law. The use of three (3) days shall be planned by each school council, except that the district is encouraged to provide technical assistance and leadership to school councils to maximize existing resources and to encourage shared planning.”

This document provides guidance to assist districts in meeting required professional development pursuant to [KRS 156.095](#) and other state and federal training requirements.

- **Active Shooter**

Per [KRS 156.095\(7\)\(a\)](#), “[b]y November 1 of each year, a minimum of one (1) hour of training on how to respond to an active shooter situation shall be required for all school district employees with job duties requiring direct contact with students. The training shall be provided either in person, by live streaming or via a video recording prepared by the Kentucky Department of Criminal Justice Training in collaboration with the Kentucky Law Enforcement Council, the Kentucky Department of Education (KDE), and the Center for School Safety and may be included in the four (4) days of professional development under KRS 158.070.” “When a staff member subject to the training requirements of this subsection is initially hired after the training has been provided for the school year, the local district shall provide materials on how to respond to an active shooter situation,” (7)(b).

- **Child Abuse and Neglect Prevention, Recognition, and Reporting**

[KRS 156.095\(8\)\(a\)](#), requires the Kentucky Department of Education (KDE) to “maintain a list of approved comprehensive evidence-informed trainings on child abuse and neglect prevention, recognition, and reporting that encompass child physical, sexual, and emotional abuse and neglect.” Per KRS 156.095(8)(e), “[a]ll school administrators, certified personnel, office staff, instructional assistants, and coaches and extracurricular sponsors employed by the school district shall complete the implemented training or trainings within ninety (90) days of being hired and then every two (2) years after.”

- **Suicide Prevention**

[Senate Bill \(SB\) 2 \(2024\)](#), Section 9 amended KRS 156.095(6)(c)1. to state that “each school year, a minimum of one (1) hour of high-quality evidence-based suicide prevention training, including risk factors, warning signs, protective factors, response procedures, referral, postvention, and the recognition of signs and symptoms of possible mental illness, shall be required for all school district employees with job duties requiring direct contact with students in grades four (4) through twelve (12). The training shall be provided either in person, by live streaming, or via a video recording and may be included in the four (4) days of professional development under KRS 158.070.

“Postvention” is defined as “a series of planned supports and interventions with persons affected by a suicide for the purpose of facilitating the grieving or adjustment process, stabilizing the environment, reducing the risk of negative behaviors, and limiting the 6 risks of further suicides through contagion.”

Statute further provides that “[w]hen a staff member subject to the training under subparagraph (1) of this paragraph is initially hired during a school year in which the training is not required, the local district shall provide suicide prevention materials to the staff member for review,” (KRS 156.095(6)(c)2.). Statute requires the [Kentucky Cabinet for Health and Family Services \(KCHFS\)](#) to “post on its web page evidence-

based suicide prevention awareness information, to include recognizing the warning signs of suicide crisis. The web page shall include information related to suicide prevention training opportunities offered by the cabinet or an agency recognized by the cabinet as a training provider” (KRS 156.095(6)(a)).

- **Blood Borne Pathogens**

OSHA/U.S. Dept. of Labor, [29 CFR 1910.1030](#). As required by federal OSHA law, school systems, like other employers, must identify personnel that could be exposed to blood or other potentially infectious materials (OPIM) and provide annual training on blood borne pathogens.

Training is a requirement for all employees and the control plan is part of the school’s annual health services program. PD credit should not be issued for the annual training if completed during the contracted school day.

- **Physical Restraint and Seclusion**

[704 KAR 7:160](#) Section 2(1) provides that “[e]ach local school district shall establish “policies and procedures that:

- (a) Ensure school personnel are aware of and parents are notified how to access the policies and procedures regarding physical restraint and seclusion; [and]
- (c) Require school personnel to be trained in accordance with the requirements outlined in Section 6 of this administrative regulation.”

Section 6(1)(a) establishes that “[a]ll school personnel shall be trained in state administrative regulations and school district policies and procedures regarding physical restraint and seclusion.”

Furthermore, Section 6(1)(b) provides that “[a]ll school personnel shall be trained annually to use an array of positive behavioral supports and interventions to:

1. Increase appropriate student behaviors;
 2. Decrease inappropriate or dangerous student behaviors; and
 3. Respond to dangerous behavior.
- (c) This training may be delivered utilizing web-based applications.
 - (d) This training shall include:
 1. Appropriate procedures for preventing the need for physical restraint and seclusion, including positive behavioral supports and interventions;
 2. State administrative regulations and school district policies and procedures regarding physical restraint and seclusion;
 3. Proper use of positive reinforcement;
 4. The continuum of use for alternative behavioral interventions;
 5. Crisis prevention;
 6. De-escalation strategies for responding to inappropriate or dangerous behavior, including verbal de-escalation, and relationship building; and
 7. Proper use of seclusion as established in Section 4 of this administrative regulation, including instruction on monitoring physical signs of distress, and obtaining medical assistance if necessary.”

“School personnel” includes “teachers, principals, administrators, school counselors, social workers, psychologists, paraprofessionals, nurses, librarians, school resource officers, sworn law enforcement officers, and other support staff who are employed in a school or who perform services in the school on a contractual basis,” (Section 1(13)).

Information regarding PBIS professional learning opportunities can be found on the [Positive Behavior Interventions and Supports](#) webpage. Districts may use these resources to provide school-wide instruction for staff purposes although there is no obligation to do so. The issuance of PD credit for participation in the online training is not compulsory but a local decision determined by the district.

- **Seizure Disorders**

[KRS 158.070](#)(3)(b) requires that “[a]t least one (1) hour of self-study review of seizure disorder materials shall be required for all principals, school counselors, and teachers hired after July 1, 2019.” This self-study review shall be in addition to the four days required under KRS 158.070 (3)(a) and is a one-time requirement - NOT an annual requirement.

- **Cardiopulmonary Resuscitation (CPR)/First Aid**

[702 KAR 1:160](#). Section 2(10) states that “[a] school shall have emergency care procedures, which shall include: (b) A requirement that whenever children are present during school hours, there shall be at least one (1) adult present in the school who is certified in a standard first aid course which includes CPR for infants and children.” Refer to district policy to determine local training requirements.