

Resources for Helping Families Understand Play

Sesame Street “Caring for Each Other” Toolkit <https://www.sesamestreet.org/home>

Sesame Street: Elmo's Morning Routine #CaringForEachOther
<https://www.youtube.com/watch?v=Udd1AINB3Zc>

Sesame Street: Elmo's Virtual Hug #CaringForEachOther
<https://www.youtube.com/watch?v=b4zRhFmlejI>

Sesame Street: How to Self Hug with Abby Cadabby #CaringForEachOther
https://www.youtube.com/watch?v=Xa_qNH8u3OM

PBS KIDS: Games

<https://pbskids.org/curiousgeorge/busyday/dogs/>

<https://pbskids.org/peg/games/pizza-place>

<https://pbskids.org/readyjetgo/games/mission-control>

VROOM Tips: Brain Building Basics

https://assets.ctfassets.net/khbu829tujdl/5RsBxs38xC3A1ZhPTe0iWf/0d983c67eaea04d9578b8166912e3a5c/Vroom_TipSheet_AtHome_ENG_200327.pdf

Actividades Vroom: Bases para el Desarrollo del cerebro

https://assets.ctfassets.net/khbu829tujdl/5RsBxs38xC3A1ZhPTe0iWf/0d983c67eaea04d9578b8166912e3a5c/Vroom_TipSheet_AtHome_ENG_200327.pdf

National Association for the Education of Young Children (NAEYC)

Playdoh Power: <https://www.naeyc.org/our-work/families/playdough-power>

Is Dressing Up for Halloween Different Than for Pretend Play? <https://www.naeyc.org/our-work/families/halloween-vs-pretend-play>

Five Essentials to Meaningful Play <https://www.naeyc.org/our-work/families/five-essentials-meaningful-play>

10 Things Every Parent Should Know About Play <https://www.naeyc.org/our-work/families/10-things-every-parent-play>

10 cosas que los padres deberían saber sobre el juego <https://www.naeyc.org/our-work/families/10-cosas-sobre-el-juego>

Pathways.org: Why is Play Important? <https://pathways.org/why-is-play-important/>

Getting Preschoolers to Share...How Do You Do It? <https://pathways.org/getting-preschoolers-share/>

Parenting Counts: Physical and Brain Development: How Children Develop; Social and Emotional Development; How children feel and connect; Learning and Cognitive Development, how children think and learn; Communication and Language Development, how children communicate”

<http://www.parentingcounts.org/parent-handouts/>

PEDIATRICS Official Journal of the American Academy of Pediatrics

The Importance of Play in Promoting Healthy Child Development and Maintaining Strong Parent-Child Bonds <https://pediatrics.aappublications.org/content/119/1/182>

HEAD START ECLKC: Fun and Learning for Parents and Children: An Activities Handbook

<https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook>