

Resources to Support District Efforts

Guidance and Tools

KDE Trauma-Informed Schools Guidance: Practical steps for building resilient school environments.

KDE Multi-Tiered System of Supports (MTSS) Framework: Tools for integrating academic, behavioral, and mental health supports.

Comprehensive School Improvement Plan (CSIP) Toolkit: Templates and guidance for including mental health goals in school planning using KDE diagnostics and goal builder templates.

Positive Behavioral Interventions and Supports (PBIS) - Kentucky Department of Education: An evidence-based, tiered framework that helps schools create positive, predictable, equitable, and safe learning environments by supporting students' behavioral, academic, social, emotional, and mental health needs.

State and Community Partners

- **Kentucky Center for School Safety (KCSS)**: Training and resources for prevention and school climate.
- **Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID)**: Coordinates community mental health providers and state resources.
- **Kentucky School Counselor Association (KSCA)**: Professional learning and best practices for school counselors.
- **Family Resource and Youth Services Centers (FRYSC)**: Connect families to essential supports and community resources. (Please feel free to reach out to local school FRYSC Coordinators)

Additional National Resources

- **School-Based Health Alliance**: National tools and research on delivering health and mental health services in schools.
- **Substance Abuse and Mental Health Services Administration (SAMHSA)**: Offers evidence-based practices, grants, and training for schools.
- **Positive Behavioral Interventions & Supports**: supports schools, districts, and states to build systems capacity for implementing a multi-tiered approach to social, emotional and behavior support.
 - **Mental Health/Social-Emotional-Behavioral Well-Being**: using ISF as an emerging approach for building a single system to address mental health and social-emotional well-being in schools.
- **CASEL Framework**: a framework that helps create a foundation for applying evidence-based SEL strategies to schools, districts, states, and communities.