

Kentucky Department of Education Division of Student Success Trainings

The Division of Student Success provides a variety of free trainings supporting student and adult physical and psychological safety. Training focuses on dropout prevention, Persistence to Graduation, school mental health, school safety, and implementation of multi-tiered systems of support that lead to more equitable practices and a more positive school climate and culture. EILA and CEUs are available. Contact us via this [Request for Assistance and/or Training](#) or by scanning the QR Code.



Adult Mental Health First Aid

Adult Mental Health First Aid (MHFA) is a nationally recognized, evidence-based training program designed to equip individuals with the knowledge and skills to assist adults experiencing mental health or substance use challenges. This course empowers participants to recognize early signs, respond with confidence, and support recovery while prioritizing safety and compassion. (7.5 hours)

Big Three Data Training

The Big Three Data Training is a combination training that includes Infinite Campus Early Warning, Infinite Campus Insights, and Tableau Data Visualization. In this three-hour session, participants will learn about the available tools for each data system and will see how data-based decision making at the school and district level can benefit from using all three tools together. (3 hours)

Bullying Prevention through Positive Behavioral Interventions & Supports (PBIS) Framework

Bullying Prevention within a multi-tiered system of support focuses on the strategies for reducing bullying behavior by blending Positive Behavior Interventions and Supports (PBIS) with explicit instruction and implementation of effective bullying prevention practices. Participants will learn how to teach students to identify and respond effectively to the bullying and harmful behavior of others needs to match the students' developmental level. Integrating bullying preventions through this multitiered framework assures consistency and alignment with existing systems and focuses on four foundational elements: Respect, Signal, Response and Adult Help. This evidence-based framework is designed to be flexible for school context and culture, making it applicable to a variety of settings. (90 minutes)

CATCH My Breath Vaping Prevention

CATCH My Breath is a free, evidence-based youth vaping prevention program with published evidence of reducing students' likelihood to vape. The program is designed to help students discover that *non-use* of e-cigarettes is the norm for adolescents and identify reasons why young people might start using e-cigarettes. Participants will learn to recognize the subtle, and not so subtle, messages in e-cigarette advertising and practice skills for resisting peer pressure

and advertising pressure to use e-cigarettes. Individual students will be encouraged to decide on their personal reasons not to use e-cigarettes and set goals for future non-use. This program is designed to give adults the tools to support youth vaping prevention. Adults will be able to address vaping prevention with students once they have attended this training. This training can be used to meet the requirements under KRS 158.149. (3 hours)

Chronic Absenteeism

In the Chronic Absenteeism training, participants will learn how chronic absenteeism is defined according to state and federal guidelines. Participants will interpret state, district, and school-level data related to chronic absenteeism and engage in collaborative discussions to share insights and challenges related to chronic absenteeism data within their school context. Participants will also analyze the various barriers that contribute to chronic absenteeism at the student, family, school, and community levels and identify potential points of intervention. Participants will learn how to implement a multi-tiered system of evidence-based strategies to improve student attendance and enhance school connectedness. Finally, participants will identify and navigate available data tools and platforms for tracking and analyzing chronic absenteeism. (30-90 minutes)

Compassion and Resilience

The Compassion Resilience Toolkit for Schools is a flexibly implemented set of evidence-informed resources to build awareness of compassion fatigue and strategies to increase compassion resilience in adults from a system and individual perspective. The resources include activities for large groups, small groups, or team-based use as well as for individual reflection. Included in the twelve sections are activities for leaders and staff on realistic expectations, setting compassionate boundaries, building a workplace culture of compassion, self-care strategies, and links to further learning. The Training of Facilitators prepares participants to offer the toolkit resources to colleagues. This training is available as four, three-hour virtual components for a total of 12 hours. Attend as a school team to ideally include: one administrator and three to four people who will facilitate with staff. The training includes clarification of leadership roles, rationale for the work, a look at how to inspire culture change through the toolkit, and tips for implementing the toolkit resources matched to the realities of your current organizational commitments and goals. (12, one-hour modules)

Dropout Prevention Needs Assessment

The Dropout Prevention Needs Assessment training helps districts and schools understand best practices for dropout prevention and review their current systems. Through an in-depth examination of each indicator on the assessment, district and school teams will consider what current systems are effective and where growth can occur to support all students toward graduation. (30-90 minutes)

Infinite Campus Early Warning Tool

Participants will navigate the Early Warning Tool effectively to identify key indicators of students who are at risk of dropping out and analyze available data points related to

attendance, behavior, curriculum, and stability. Participants will develop collaborative teams to identify, monitor, and implement effective intervention strategies and action plans to support at-risk students. Finally, participants will establish procedures to assess and improve intervention strategies and actions for better student outcomes. (1 hour)

Infinite Campus Insights Data Visualization Tool

Through the Infinite Campus Insights dashboards, participants will navigate and customize available data visualization reports to meet specific user needs and preferences. Participants will analyze and interpret visual data to identify trends that support instructional decisions, promote transparency, and enhance school-level systems and processes. Participants will also develop action plans based on data-driven insights to enhance student outcomes through collaborative decision-making practices. (1 hour)

PAVe (Parents Against Vaping e-cigarettes)

PAVe is a prevention training which is designed to provide educators and parents with information and resources on health harm, causes, and signs of the youth vaping crisis, along with practical tips on how to help children avoid or quit using tobacco products. (2 hours)

PBIS (Positive Behavioral Interventions & Supports)/ISF (Interconnected Systems Framework)

Positive Behavior Interventions and Supports (PBIS) is an evidenced-based, multi-tiered system of support (MTSS) supporting students' behavioral, academic, social, emotional, and mental health needs. Implemented with fidelity, PBIS improves social emotional competence, academic success, and school climate. Interconnected Systems Framework (ISF) is when mental health efforts are integrated into the PBIS framework, supporting both student and adult health and wellbeing, while allowing for greater efficiency and effectiveness. Full implementation of a MTSS can take three to five years, requiring commitment to the evidence-based features of the framework and the intense planning. For the best results, districtwide implementation is encouraged through a team's approach where schools are trained, coached, and supported using systems, practices, and data as a guidepost for implementation. (Various 1-12 hours)

Psychological First Aid (PFA)

Psychological First Aid (PFA) is an evidence-informed modular approach to help children, adolescents, adults, and families in the immediate aftermath of disaster and terrorism. PFA is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping. (7 hours)

Restorative Practices for Educators

Restorative Practices for Educators is inspired by the philosophy and practices of restorative justice, which puts repairing harm done to relationships and people over and above the need for assigning blame and dispensing punishment. This training is designed to help school professionals create inclusive, respectful, and resilient learning environments. Rooted in relationship-building and accountability, this training equips educators with practical tools to strengthen connections with students, staff, and families while fostering a culture of trust and

belonging. This training is designed to be implemented by those working directly with students or by school leaders who supervise and train their staff. (Various 1-12 hours)

School Connectedness

The School Connectedness training will help districts and schools understand the research and best practices related to building student belonging and engagement. Through an in-depth exploration of the core components of connectedness, district and school teams will examine how relationships, school climate, and student voice influence attendance, behavior, and academic success. Participants will consider current practices, identify strengths, and determine opportunities for growth to strengthen systems that ensure every student feels supported on their path to graduation. (Various 1-6 hours)

Social Emotional Learning

These are a series of offerings targeting both adult and student SEL competencies. These trainings foster adult resilience by prompting adults to explore ways to improve their own competence, while improving the overall climate and culture, improving collegial relationships, focusing on investing time in your own families, and modeling resilience for others. Student-focused training offers adults opportunities to model, practice and teach strategies to help support student resilience in the classroom. (Various, 2 hours each)

Sources of Strength

Sources is an evidence-based elementary and secondary youth mental health promotion and suicide prevention program harnessing the power of peer social networks to create healthy norms and culture, preventing suicide, violence, bullying, and substance misuse. This training is designed to be used by adult advisors as well as a group of peer leaders (students) within the school. (6 hours)

Supporting Transient Students

Participants will identify transient student groups and describe the potential impact of mobility on their educational journey both academically and socially. We will utilize the Transient Population report in Infinite Campus to identify transient students and be able to develop watchlists in Early Warning. Participants will also understand and implement district and school support strategies to provide academic, social, and emotional assistance tailored to the unique needs of transient students, including homeless, foster, and migrant youth. Finally, we will apply best practices and relevant policies to ensure accurate and timely credit accumulation and transfer for transient students, minimizing academic disruption. (30-90 minutes)

Tableau Data Visualization

Content covered during the training will include establishing an effective data system, using an effective data-based decision-making model, first-hand practice with accessing data and reports, using the participant's personal account, and good practices to ensure that system integrity and confidentiality are upheld. Participants should have an active Tableau user account assigned through their district Infinite Campus contact prior to attending this session. (1 hour)

Trauma Informed Practices for Educators

Trauma Informed Practices for Educators is a strengths-based framework grounded in an understanding of and responsiveness to the impact of trauma. Participants will understand the types of trauma exposure school age children experience, and they will recognize the signs and symptoms of traumatic stress and its effects on the developing brain. Participants will learn and practice school-based strategies to build resilience and support improved self-regulation to mitigate the negative effects of trauma exposure on students. (12 hours)

Youth Mental Health First Aid

Youth Mental Health First Aid (YMHFA) is a dynamic, instructor-led training designed to empower adults with the tools and confidence to support young people facing mental health challenges or crises. Youth Mental Health First Aid (YMHFA) teaches participants how to identify, understand, and respond to signs of addiction and mental illness in youth and focuses on early intervention. Delivered in a 6.5-hour in-person session, this evidence-based course is ideal for anyone who interacts regularly with youth (ages 12-18) including teachers, school staff, coaches, youth group leaders, and parents. (6.5 hours)