

# YOU AND YOUR CHILD MATTER

## Life Happens ...



1. Practice routines for bedtime and morning.
2. Pick appointments after school hours.
3. Check with school staff for community resources.

Trauma | Homelessness | Domestic Violence | Mental Health



**988**  
SUICIDE  
& CRISIS  
LIFELINE

24/7 free and  
confidential  
support

**CALL OR TEXT: 988**

**CHAT: 988LIFELINE.ORG**

# 10%

of school days missed  
makes a child **chronically  
absent** = 17 days

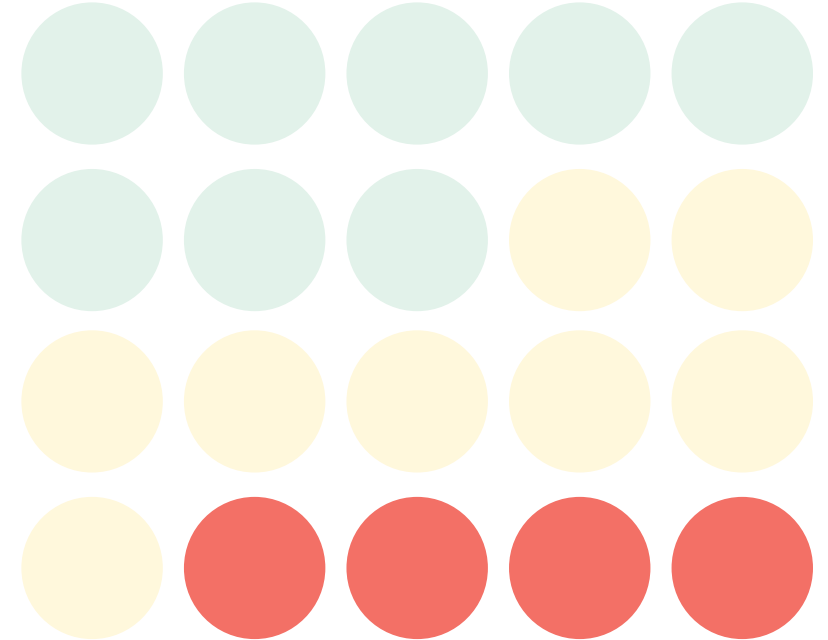
## Reach out for help ...

*There is always a caring adult at  
school who can help your child  
with attending school.*

SCHOOL ADMINISTRATOR | SCHOOL  
COUNSELOR | TEACHER | COACH | SCHOOL  
PSYCHOLOGIST | SOCIAL WORKER | FRYSC

## Your Child's Missed Days

*Keep track by adding date and reason for  
absences in the circles below.*



Kentucky Department of  
**E D U C A T I O N**