

KENTUCKY SCHOOL-BASED MENTAL HEALTH PROVIDER OVERVIEW

Who are school-based mental health providers? School-based mental health providers collaborate together while bringing unique training and expertise to address the academic, career, social-emotional and behavioral needs of preK-12 students. Although each provider plays a specialized role to meet the needs of students, some supports may overlap to cultivate the overall well-being of the whole child. School-based mental health providers ensure equitable access to their supports so that all students can learn, thrive and grow.

School Counselors	School Psychologists	School Social Workers	School-based Mental Health Therapists
<p>Training Master's degree in school counseling</p> <p>Valid school counselor certificate issued in accordance with the administrative regulations of the Education Professional Standards Board</p> <p>*There may be additional requirements in some Kentucky districts.</p>	<p>Training LP (Licensed Psychologist with Health Service Provider endorsement)</p> <p>LPA (Licensed Psychological Associate)</p> <p>LPP (Licensed Psychological Practitioner)</p> <p>Valid school psychologist certificate (Psy.S. or Ed.S. or Ph. D) in accordance with the administrative regulations of the Education Professional Standards Board</p>	<p>Training MSW or DSW (School Social Worker) <i>i.e., should only provide counseling if under supervision.</i></p> <p>LCSW (Licensed Clinical Social Worker - fully-licensed)</p> <p>CSW (Certified Social Worker)</p>	<p>Training LPCA (Licensed Professional Counselor Associate-under supervision to obtain full licensure)</p> <p>LPC (Licensed Professional Clinical Counselor-fully licensed)</p>
<p>Unique Role in School Support all students to be successful with a focus on academic development, college and career development, and social-emotional development. School counselors provide services for all students including classroom lessons, small group and individual counseling within each tier of the schoolwide Multi-tiered System of Supports.</p> <p>Academic Support Provide classroom lessons, small group counseling, and individual planning to remove a variety of barriers to learning through direct support to help all</p>	<p>Unique Role in School Provide a focused delivery of support services to identified students specifically in areas of motivation, specific learning strategies, childhood intellectual disabilities, psychological, sociobehavioral and skill-based assessments, and evaluation. Collaborates with school counselors to identify students in need of tier 2 and 3 support services within the Multi-tiered System of Supports.</p> <p>Academic Support Provide small group and individual planning to remove a variety of barriers</p>	<p>Unique Role in School Provide a focused delivery of services to support identified students specifically in areas of social-emotional and mental health needs, and are uniquely trained to integrate the school, community and family context into interventions and resource referrals. Collaborates with school counselors to identify students in need of support services within each tier of the Multi-tiered System of Supports.</p> <p>Academic Support Provide schoolwide, small group and individual support to identified students to reduce barriers to learning using</p>	<p>Unique Role in Schools Provide a focused delivery of services for identified students needing <i>additional</i> mental health and behavioral support based on clinical assessments and identified mental health disorders. Collaborates with school counselors to identify students in need of tier 3 support services within the Multi-tiered System of Supports.</p> <p>Academic Support Provide individual student support to interact and intervene with students experiencing mental health crises, therefore leading to improved academic</p>

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<p>students develop skills and behaviors critical to academic success. Collaborate, consult and provide data for teachers, families and administration to support classroom success.</p> <p>Career Support Provide career awareness, exploration and preparation opportunities to assist all students through the K-12 career planning process, which includes implementing the Individual Learning Plans (grades 6-12). Utilize classroom lessons, small group counseling and individual planning to assist students to form postsecondary and career goals, build a plan to meet goals, foster skill-building, and assess student abilities and interests.</p> <p>Social-Emotional and Behavioral Support Utilize a broad focus impacting all students ensuring they develop skills and behaviors needed for social-emotional wellness through classroom lessons (tier 1), small group counseling (tier 2), and individual planning (tier 2 and 3). Provide short-term counseling and crisis interventions. Refer students to specialized professionals for intensive needs and long-term counseling (tier 3).</p>	<p>to learning through direct support to help identified students develop skills and behaviors critical to academic success. Collaborate, consult and provide data for teachers, families and administration to support classroom success.</p> <p>Career Support Provide career development to identified students. Assess student abilities and social skills to assist in future career planning for specialized career and postsecondary services (i.e., vocational rehabilitation, specialized college supports)</p> <p>Social-Emotional and Behavioral Support Specialized professional to conduct risk and threat assessments and crisis intervention in individual and small group settings. Receive referrals from other professionals to assist students in need of mental health support. May also refer students to receive further specialized support.</p> <p>The following activities are considered appropriate by the Kentucky Association for Psychology in Schools:</p> <ul style="list-style-type: none"> • assisting in a crisis situation • develop interventions for academic, social emotional learning (SEL), and/or behavioral • collaborating with counselors within the comprehensive school counseling program • consult stakeholders 	<p>interventions to improve overall student functioning. Collaborate, consult and provide data for teachers, families and administration to support classroom success.</p> <p>Career Support Provide schoolwide, small group and individual social-emotional learning focused on skill-building to foster resiliency and job preparedness. Provide students and parents with community linkages and resources to support successful school and work transitions.</p> <p>Social-Emotional and Behavioral Support Specialized professional to provide schoolwide, small group and individual social-emotional, mental health and behavioral interventions. Maximize school based and community resources to meet student needs. May also refer students to receive further specialized support.</p> <p>The following activities are considered appropriate by the School Social Work Association of America:</p> <ul style="list-style-type: none"> • develop interventions for academic, SEL and/or behavioral • collaborating with counselors within the comprehensive school counseling program • consult families to utilize school and community resources 	<p>outcomes. Collaborate and consult with school counselors and families to support classroom success through building awareness of mental health.</p> <p>Career Support Provide support to identified students to be physically and mentally healthy, so they can leave their primary and secondary education ready to address further education and career goals.</p> <p>Social-Emotional and Behavioral Support Specialized professional to provide short-term and long-term individual and small-group counseling. Typically, students are referred by other professionals for social-emotional and behavioral support, such as interventions for students on an IEP. Trained to address deep-seeded issues such as co-occurring disorders, trauma or chronic distress, life changing transitions, or other significant impairments to daily functioning. May refer students to receive further mental health or medical support.</p> <p>The following activities are considered appropriate by Kentucky Counseling Association:</p> <ul style="list-style-type: none"> • assisting in a crisis situation • collaborating with counselors within the comprehensive school counseling program • consult stakeholders

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<p>Appropriate activities recommended by the American School Counselor Association:</p> <ul style="list-style-type: none"> • advisement and appraisal for academic planning, orientation, coordination and academic advising for new students • interpreting cognitive, aptitude, achievement tests and student records • providing counseling to students who are tardy, absent or have disciplinary problems • providing short-term individual and small group counseling services to students • consulting with teachers to schedule and present school counseling curriculum lessons based on developmental needs and needs identified through data and building classroom connections • analyzing grade point averages in relationship to achievement and schoolwide and school counseling program data • effective classroom management and the role of noncognitive factors in student success • protecting student records and information per state and federal regulations • consulting with the school principal to identify and resolve student issues, needs and problems • advocating for students at individual education plan meetings, student study teams, and school attendance review boards, as needed 	<ul style="list-style-type: none"> • coordinate risk assessments with hospitals • coordinating small group instruction • participating in transition meetings • referral resources to families • assist with safety and/or transition plans with hospitals • serving on school-based teams • provide trainings for school families • provide trainings for school staff 	<ul style="list-style-type: none"> • consult educators to consider factors affecting student performance and behavior • school-community liaison to coordinate community resources to meet the needs of students and families. • coordinating small group instruction • participating in transition meetings • provide referral resources to families • serving on school-based teams • provide trainings for school families • provide trainings for school staff 	<ul style="list-style-type: none"> • coordinate risk assessments with hospitals • offer individual and small group counseling • participating in transition meetings • referral resources to families • assist with safety and/or transition plans with hospitals • serving on school-based teams • provide trainings for school families • provide trainings for school staff

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<p>Recommended Provider-to-Individual Ratio 1:250 Consider that school counselors work with all students within the school.</p>	<p>Recommended Provider-to-Individual Ratio 1:500 Consider that school psychologists work with small groups and individuals and ideally serve one district but may serve multiple schools.</p>	<p>Recommended Provider-to-Individual Ratio 1:250 Consider that school social workers work with classrooms, small groups, individuals and families; ideally serve one district but may serve multiple districts.</p>	<p>Recommended Provider-to-Individual Ratio Not Applicable Consider that each therapist working through a public or private funded agency will be serving clients and districts and providing individual and small group counseling to students with intensive needs with caseloads up to approximately 30 clients actively receiving services at any one time.</p>
<p>Resource Kentucky Framework of Best Practices for School Counselors Inappropriate vs. Appropriate Role Activities Kentucky School Counselor Association</p>	<p>Resources What is a school psychologist? Kentucky Association for Psychology in Schools</p>	<p>Resource School Social Work Association of America National Association of Social Workers (NASW) Standards for school social workers Kentucky Board of Social Work SSWAA Ratio Position Paper</p>	<p>Resource: Kentucky Counseling Association American Counseling Association</p>

**Adapted from South Dakota Overview of Mental Health Providers*