

The background of the slide is a composite image. The top left shows a line of yellow school buses, with the number '32' visible on the front of one. The bottom left shows a classroom with blue walls, decorated with colorful balloons and framed pictures. There are several small white tables and chairs arranged in the room.

What is School Nursing?

Angie McDonald ADN, RN, NASSNC

KDE State School Nurse Consultant

Michelle Malicote BSN, RN, NASSNC

KDPH School Health Branch Manager

2022



Kentucky Department of

E D U C A T I O N

Accountability and Responsibility of ALL Nurses

- In accordance with KRS 314.021(2), nurses are responsible and accountable for making decisions that are based upon the individuals' educational preparation and experience in nursing and requires licensees to practice nursing with reasonable skill and safety. Nursing practice should be consistent with the Kentucky Nursing Laws, established standards of practice, and be evidence based.

SCHOOL NURSE



What society thinks I do



What my mom thinks I do



What the kids think I do



What my friends think I do



What I think I do



What I really do

Kentucky school health personnel

Education State School Nurse Consultant – provides leadership, consultation and technical assistance to local school districts related to school health services (KRS 156.501)

District School Health Coordinator – works with all school personnel, the local board of education, school council, Kentucky Department of Education, local health **department**, Family/Youth Resource Centers (FRYSC), **and** parents (702 KAR 1:160, Section 5)

School Nurses – must have a current Kentucky license

Unlicensed school personnel - may be delegated to perform school health services when trained according to KRS 156.502 and 702 KAR 1:260, Section 4 (g)

The Practice of School Nursing Began...

- In the United States on Oct. 1, 1902, when **Lina Rogers, the first school nurse**, was hired to reduce absenteeism by intervening with students and families regarding healthcare needs related to communicable diseases.
- After one month of successful nursing interventions in New York City schools, she led the implementation of evidence-based nursing care across the city (Struthers, 1917).
- Since that time, school nurses continue to provide communicable disease management, but their role has expanded and is increasingly diverse.

What is a School Nurse?

School nursing is different from other nursing specialties. The most prominent difference is the independent nature of the work.

As the only health professional in a world of educators, the school nurse is in a position of either being highly valued and regarded for her unique interdisciplinary role or underutilized and misunderstood because she does not function in quite the same way as an educator.

The National Association of School Nurses (NASN) States:

It is the position of the National Association of School Nurses (NASN) that every child has access all day, every day to a full time registered professional school nurse (hereinafter referred to as school nurse). The school nurse serves in a pivotal role that bridges health care and education. Grounded by standards of practice, services provided by the school nurse include leadership, community/public health, care coordination and quality improvement (NASN, 2016a)

NASN Position Statements

- [NASN Position Statements](#) are evidence-based papers summarizing the historical, political and/or scientific aspects regarding a topic related to school nursing, school health services and/or NASN about which NASN should take a stance. It is the official position of the organization that can be shared with members, community media and legislators.

Kentucky School Nurse Services

Can be provided by:

1. Registered Nurse
2. Advanced Practice Registered Nurse
3. Licensed Practical Nurse-under the supervision of a RN, APRN, MD, or Dentist. They may not delegate, train or supervise unlicensed school personnel (KRS 156.502 and 2014 KBN AOS # 15)

- ✓ Must hold a current Kentucky license from the Kentucky Board of Nursing (KBN)
- ✓ Must know their individual scope of practice as defined in KRS 314.011



Kentucky Department of
EDUCATION

NASN Recommended Nurse-to-Student Ratio

- 1:750 for students in the general population
- 1:225 for students requiring daily professional school health services or interventions
- 1:125 for students with complex health care issues
- 1:1 for students who require continuous nursing services



Nurses who Make it as School Nurses are:

- experienced
- confident
- multi-skilled
- self-directed
- independent
- creative
- collaborative
- communicative
- flexible
- tactful
- passionate about kids' health
- school nurses must strive for best practice, adhering to their state's nurse practice act while also working in a non-medical, unpredictable setting, usually without benefit of health care colleagues



A School Nurse Must be Good at Everything!

- emergency care
- nursing assessment
- chronic illness management
- complex medical conditions
- epidemiology
- prevention
- safety
- teaching
- screening
- documentation
- counseling
- health promotion
- crisis management
- coaching
- communicating
- care management
- policy development
- social work
- budget and fiscal issues
- program development
- grant-writing
- employee health
- community health
- legal issues
- politics
- advocacy
- care plan development
- pharmacology
- computer documentation

It Also Helps if You Can:

- ☐ produce newsletters
- ☐ bulletin boards
- ☐ staff in-services
- ☐ school board presentations



KBN Advisory Opinion Statements

The Kentucky Board of Nursing (**KBN**) is authorized by Kentucky Revised Statutes (KRS) Chapter 314 to regulate nurses, nursing education and practice, promulgate regulations and to issue advisory opinions on nursing practice, in order to assure that safe and effective nursing care is provided by nurses to the citizens of the Commonwealth.

The **KBN** issues advisory opinions as to what constitutes safe nursing practice. As such, an opinion is not a regulation of the Board and does not have the force and effect of law. It is issued as a guide to licensees who wish to engage in safe nursing practice.

Kentucky Board of Nursing Advisory Opinion

Statement #30: SCHOOL NURSING (part 1)

- Background: The National Association of School Nurses (NASN) document entitled [The Role of the 21st Century School Nurse](#) describes the unique opportunity for the registered nurse to make a positive impact on student health.
- Research has demonstrated that school nurses save medical care costs as well as parent and teacher productivity (Wang et. al., 2014. Cost-Benefit Study of School Nursing Services. American Medical Association. 168. 642-648).

Kentucky Board of Nursing Advisory Opinion

Statement #30: SCHOOL NURSING (part 2)

Per the American Nurses' Association's (ANA) document, "School Nursing Scope and Standards of Practice" (ANA 2017.) [School Nursing: Scope and Standards of Practice 3rd Edition](#)

The role of the school nurse is:

"to support the health, well-being, and the ultimate educational success and lifelong achievement of students in keeping with the social contract of nursing."

Kentucky Board of Nursing Advisory Opinion

Statement #30: SCHOOL NURSING (part 3)

The school nurse serves “as the liaison between the school, family, community healthcare providers, and the school-based or school-
AOS #30 School Nursing Page 3 of 8 linked clinics.” (ANA School Nursing: Scope and Standards of Practice 3rd edition. 2017)

“...The school nurse coordinates student health care between the medical home, family, and school.” (American Nurses Association and National Association of School Nurses [ANA and NASN], position statement, The Role of the 21st Century School Nurse 2016).

Kentucky Board of Nursing Advisory Opinion

Statement #30: SCHOOL NURSING (part 4)

It is within the scope of registered nursing practice for a registered nurse, qualified by education, experience and current clinical competence to provide school health services/acts including but not limited to the following:

A. Utilizes substantial, specialized nursing knowledge, judgment and skill to **“address the individualized needs of their students and the populations they serve”** (ANA School Nursing: Scope and Standards of Practice 3rd edition. 2017)

Kentucky Board of Nursing Advisory Opinion

Statement #30: SCHOOL NURSING (part 5)

- B. Serve as a health advocate of students and a consultant to educational staff;
- C. Serve in family resource and youth services centers as described in KRS 156.496;
- D. Conduct health screenings (Vision, Hearing, Overweight/Obesity, Scoliosis, etc.) and provide referrals as necessary;
- E. Provide health teaching with a focus on disease prevention, health promotion and health restoration;

Kentucky Board of Nursing Advisory Opinion

Statement #30: SCHOOL NURSING (part 6)

F. Monitor the quality of the healthcare services provided for students;

G. Provide direct clinical services for students with special needs and/or teach and verify competency, supervise and delegate [as defined in KRS 314.011(2)] the performance of select tasks to unlicensed school personnel in accordance with the administrative regulation 201 KAR 20:400 governing delegation of nursing tasks to unlicensed persons;

Kentucky Board of Nursing Advisory Opinion

Statement #30: SCHOOL NURSING (part 7)

H. Participate in the development of policies and procedures to guide nursing practice in school settings, and to address expanding school health services to students, families, and communities. “The school nurse is the healthcare expert within the school system and the leader in school health policy development including identification of strategies to evaluate implementation of policies.”

(ANA School Nursing: Scope and Standards of Practice 3rd edition. 2017); and

Kentucky Board of Nursing Advisory Opinion Statement #30: SCHOOL NURSING (part 8)

I. Delegate select health services to a school employee in accordance with KRS 156.502, 201 KAR 20:400, and KBN Advisory Opinion Statement (AOS #15) Roles of Nurses in Supervision and Delegation to Unlicensed Personnel.

School Nursing is a Specialized Practice

- School nurses advance the well-being, academic success and lifelong achievement and health of students.
- Keeping children healthy, safe, in school and ready to learn should be a top priority for both healthcare and educational systems.
- Bridge between the health care community and the school
- Translates health issues into language educators can understand and vice versa
- Develops Individual Health Plans (IHP), which complement and support Individual Educational Plans (IEP) and Emergency Action Plans (EAP), for children with a health risk

The School Nurse...

Understands:

- A student's health is directly related to his or her ability to learn
- Children with unmet health needs have a difficult time engaging in the educational process

Supports:

- Student success by providing health care through assessment, intervention and follow-up

Addresses:

- The physical, mental, emotional and social health needs of students and supports their achievement in the learning process.

The Role of the School Nurse...

Cares for many more students who are medically fragile or who deal with chronic health issues

Students are coming to school in increasing numbers and with increasingly complex medical problems that require complicated treatments commonly provided by the school nurse (Lineberry & Ikes, 2015)

The Role of the School Nurse (Continued)

- Works to create access to health care for students and families
- Coordinates and conducts assessment, planning and implementation of all students and those with individualized health care plans (IHP)
- Determine if health services can be delegated to Unlicensed Assistive Personnel (UAP)
- Coordinate evaluation and intervention services
- Assist students to learn to manage their chronic illness

An Advocate for the Individual Student...

Provides skills and education that encourage:

- self-empowerment
- problem solving
- effective communication
- collaboration with others
- the student to manage his/her own condition and to make life decisions

Advocates for Safety:

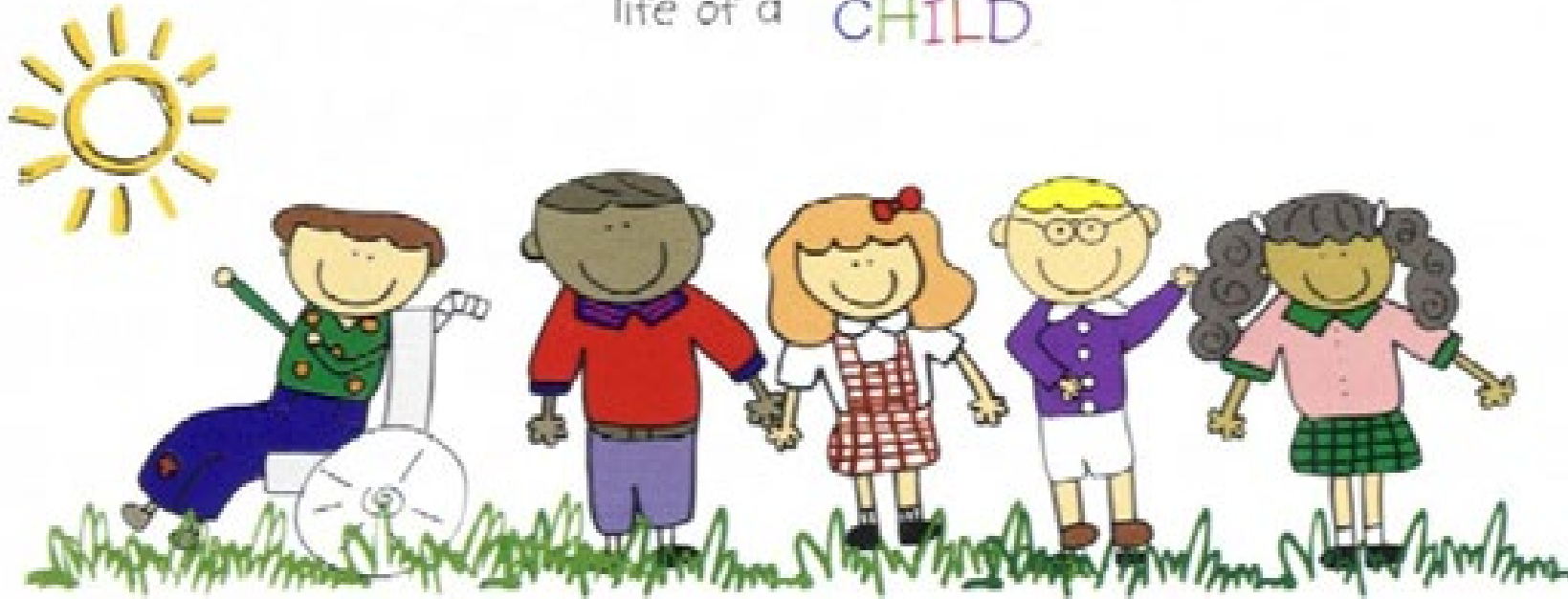
- participates in the development of school safety plans to address the full range of emergency incidents that may occur at school

Resources

- The Role of the 21st Century School Nurse – National Association of School Nurses
- [AOS # 30 School Nursing \(Revised 2/2020\)](#)

A Hundred Years From Now...

it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove... but the world may be a different place because I was important in the life of a **CHILD**



Contact Information:

Angie McDonald, ADN, RN, NASSNC
State School Nurse Consultant
Angela.Mcdonald@education.ky.gov

Michelle Malicote, BSN, RN, NASSNC
KDPH School Health Branch Manager
Michelle.Malicote.ky.gov

A word cloud featuring the phrase "thank you" in numerous languages and colors. The central and largest text is "thank you" in red. Other prominent words include "danke" (blue), "teşekkür ederim" (pink), "gracias" (green), "dziękuję" (purple), "obrigado" (green), "merci" (orange), "sukriya" (purple), "kop khun krap" (green), "arigatō" (pink), "daku jem" (orange), "maith agat" (purple), "mochchakkeram" (blue), "go raibh maith agat" (purple), "takki" (blue), "grazie" (blue), "terima kasih" (yellow), "kasih" (yellow), "xixie" (purple), "euχарιστώ" (purple), "mami" (yellow), "nandri" (yellow), "bayanlala" (yellow), "hvala" (green), "maururu" (blue), "koshoniom" (blue), "sagolun" (blue), "mes" (blue), "nagis tuke" (blue), "kam sah hamnida" (blue), "rahmat" (blue), "nami" (yellow), "nandri" (yellow), "bayanlala" (yellow), "hvala" (green), "maururu" (blue), "koshoniom" (blue), "sagolun" (blue), "mes" (blue), "nagis tuke" (blue), "kam sah hamnida" (blue), "rahmat" (blue). The words are arranged in a circular pattern around the central "thank you".