

COVID-19: MENTAL HEALTH AWARENESS AND RETURNING TO SCHOOL

COVID -19 has exhibited numerous impacts over the course of the past year plus on students, educators families and communities. Some of the impacts have visually been seen while others have been more subtle and possibly yet to emerge. Regardless of the form they take, it is important that we address them with practical and timely strategies.

A series of short videos and support resources have been designed to help transition beyond the COVID-19 pandemic, especially around the social-emotional learning realm. Three audiences have purposefully been targeted (educators & counselors, school staff and nurses, parents/caregivers).

These resources can be used in a variety of settings, including professional learning, planning for the upcoming school year to support student learning and transition, partnership discussions and family supports. We encourage you to share these resources with any group(s) who may find them helpful. PLEASE NOTE: You will be asked to provide brief contact information prior to having access to the resources so we can track who are utilizing them.

These resources have been made available through a partnership among:

- Centers for Disease Control & Prevention
- Kentucky Department of Education
- Kentucky Department for Public Health
- Kentucky Educational Development Corporation
- HealthFirst Bluegrass



Link for Parent and Guardian Training:

<https://forms.gle/eA2UXS8bAJhYP1eLA>



Link for School Staff and School Nurse Training:

<https://forms.gle/GrBPwExpo1P5ERwVA>



Link for Teacher and Guidance Counselor Training:

<https://forms.gle/NdAQ3FrnVuLFG4cd6>