



# SUMMER BOOST

make summer count



## READ

Students who read consistently, not only have improved academic success, but build knowledge, improve critical thinking skills, expand perspectives and encourage innovation.

- Help your teen to set aside time each day for independent reading. Make a goal, and keep track of your reading. Check out digital reading apps, such as Libby and Beanstalk, to log your reading.
- Encourage participation in your local library's summer reading program.

## DISCUSS

Talking about texts supports comprehension, strengthens vocabulary development, and promotes both oral and written communication.

- Critically discuss what you and your student are reading. Discuss favorite quotes in the text.
- Listen to podcasts together and talk about the message of the episode.
- Ask your student their opinion on a topic. Prompt them to explain what evidence leads them to their belief.
- Discuss various viewpoints and perspectives. Prompt students to explain what evidence each perspective might use to support its position.

## ENGAGE

Help your student find healthy ways to connect with themselves and others. Building social skills strengthens communication skills, leadership and other abilities they can use throughout life.

- Look for opportunities in your community where your student can volunteer. Doing so keeps them engaged, supports healthy relationships and helps them build new skills and experiences.
- Support healthy competition like complex board games, word puzzles and organized sports. It helps teens practice teamwork and strategic thinking.
- Encourage teens to develop decision making and leadership skills by planning a family activity, proposing a menu for the week or choosing a creative project. When teens practice leading, they develop problem-solving skills and independence they will need for adulthood.



Kentucky Department of  
**E D U C A T I O N**