

Supporting Materials








Activity 3c: Dinner Time Budget Planning

1. How many family members plan to dine out? _____

2. What is your family’s budget for the meal? _____
 You may choose any items on the menu, but total cost must remain within the budget.

Family member	Selection (sandwich, side, and/or beverage)	Cost
	Meal Total Cost	
	Difference from budget	

Activity 3c: Main Street Café

Item #	Burgers, Tacos, Wraps, and Sandwiches	Item #	Salads
1	 Cheeseburger with lettuce and tomato (served with fries) \$6.50	13	 Beef taco salad – includes crispy taco bowl, lettuce, cheese, corn, sour cream, guacamole, and your choice of dressing \$9.25
2	Bacon burger with lettuce and tomato (served with fries) \$7.50	14	Veggie mix salad – includes spring mix greens, broccoli, cucumber, cauliflower, tomato, chickpeas, and your choice of dressing \$8.20
3	Grilled chicken sandwich with lettuce and tomato (served with fries) \$7.25	15	Lettuce wedge with blue cheese dressing \$7.25
4	 2 Chicken tacos with guacamole, rice, and refried beans \$7.45	--	 Sides
5	2 Beef tacos with rice and refried beans \$6.80	16	Fries: \$1.50
6	2 Fish tacos with rice and refried beans \$7.50	17	Onion rings: \$2
7	 Mediterranean veggie wrap (spinach, cucumbers, hummus, red onions, olives, feta cheese) \$6.50	18	Potato salad: \$2.50
8	Southwest chicken wrap (grilled chicken, lettuce, cheese, onions, and ranch dressing) \$7.25	19	Cole slaw: \$2.50
9	 Turkey club sandwich with lettuce, cheese, and tomato (served with fries) \$8	20	Applesauce: \$1.50
10	Bacon, lettuce, and tomato (BLT) toasted sandwich (served with fries) \$6.50	21	Fresh fruit: \$1
11	Grilled cheese sandwich with a cup of tomato soup \$6	22	 Beverages
12	PBJ - Peanut butter and jelly sandwich served with a banana \$5	23	Sodas: (diet or regular) \$2
		24	Lemonade: small \$2
		25	Tea: small \$2
		26	Milk: \$1.50
			Water: free