

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN51: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	24.6	(22.5 - 26.8)	1,442	14.1	(11.3 - 17.5)	712	34.9	(31.0 - 39.1)	711
Age									
11 or younger	24.0	(17.5 - 31.9)	164	16.9	(10.1 - 26.7)	69	29.9	(20.0 - 42.1)	92
12	25.9	(21.4 - 31.0)	409	15.7	(10.7 - 22.4)	205	35.2	(29.4 - 41.5)	195
13	24.6	(21.4 - 28.1)	532	12.1	(8.3 - 17.3)	255	36.6	(29.6 - 44.3)	275
14 or older	23.6	(20.0 - 27.6)	333	13.6	(9.6 - 18.9)	183	35.8	(29.6 - 42.4)	147
Grade									
6th	25.0	(21.0 - 29.5)	362	17.6	(12.9 - 23.6)	164	31.3	(24.5 - 39.1)	189
7th	23.1	(18.9 - 28.0)	580	12.0	(8.5 - 16.5)	296	34.6	(27.0 - 43.1)	279
8th	25.7	(22.5 - 29.2)	492	12.6	(8.9 - 17.6)	247	38.8	(32.6 - 45.5)	241
Race/Ethnicity									
Native American*	41.6	(26.0 - 59.1)	47	-	-	28	-	-	19
Black*	25.7	(13.4 - 43.6)	105	14.7	(4.3 - 39.9)	47	35.3	(20.6 - 53.5)	58
Hispanic/Latino	24.3	(17.6 - 32.5)	162	14.0	(8.4 - 22.4)	90	40.8	(26.7 - 56.6)	70
White*	24.0	(21.5 - 26.7)	923	13.6	(9.9 - 18.5)	449	33.5	(29.6 - 37.6)	463
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	29.8	(21.5 - 39.7)	97	10.9	(4.5 - 24.2)	47	47.5	(33.5 - 61.9)	50

Note: 39 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN52: Percentage of students who currently used an electronic vapor product on school property (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.9	(3.6 - 6.8)	1,457	4.1	(2.4 - 7.0)	710	5.8	(4.2 - 8.1)	726
Age									
11 or younger	0.8	(0.2 - 3.8)	166	0.9	(0.1 - 7.4)	68	0.0	-	93
12	3.8	(1.8 - 7.6)	415	1.3	(0.3 - 5.8)	207	6.8	(3.3 - 13.4)	199
13	6.6	(4.4 - 9.9)	541	6.6	(3.2 - 13.3)	254	6.7	(4.4 - 9.9)	285
14 or older	6.4	(3.6 - 11.2)	331	5.8	(2.5 - 12.7)	181	7.3	(3.3 - 15.5)	147
Grade									
6th	2.2	(1.0 - 4.8)	368	0.9	(0.1 - 6.4)	167	3.4	(1.5 - 7.7)	191
7th	6.5	(4.7 - 8.8)	582	5.2	(2.3 - 11.2)	293	8.0	(4.7 - 13.2)	284
8th	5.4	(3.3 - 8.8)	499	5.4	(2.5 - 11.3)	246	5.5	(3.3 - 9.2)	249
Race/Ethnicity									
Native American*	9.0	(3.0 - 23.9)	49	-	-	29	-	-	20
Black*	5.8	(2.5 - 12.8)	104	5.3	(1.2 - 20.5)	47	6.2	(2.5 - 14.7)	57
Hispanic/Latino	6.3	(3.0 - 12.8)	166	4.1	(1.3 - 11.5)	89	8.1	(3.1 - 19.6)	75
White*	4.9	(3.4 - 6.9)	931	3.9	(2.0 - 7.6)	447	6.0	(4.1 - 8.6)	472
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	5.0	(1.9 - 12.4)	99	3.4	(0.8 - 12.8)	48	6.5	(1.7 - 21.3)	51

Note: 24 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN53: Percentage of students who used electronic vapor products mainly because they were curious about them

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.8	(5.2 - 8.7)	1,419	5.6	(3.6 - 8.5)	694	8.2	(5.7 - 11.8)	704
Age									
11 or younger	4.9	(1.9 - 12.0)	159	0.0	-	66	9.3	(3.9 - 20.4)	88
12	3.8	(2.2 - 6.7)	402	2.3	(0.8 - 6.2)	201	5.8	(2.6 - 12.6)	192
13	6.8	(4.4 - 10.3)	530	5.6	(2.6 - 11.9)	248	7.9	(5.0 - 12.2)	280
14 or older	11.7	(8.3 - 16.1)	324	12.1	(7.5 - 18.9)	179	11.4	(6.7 - 18.8)	142
Grade									
6th	5.1	(2.6 - 9.7)	358	3.0	(0.9 - 9.6)	164	7.7	(3.3 - 16.9)	184
7th	5.7	(3.7 - 8.8)	562	4.8	(2.3 - 9.8)	283	6.8	(4.1 - 11.0)	274
8th	9.1	(6.6 - 12.5)	492	8.4	(4.7 - 14.4)	243	10.1	(6.4 - 15.5)	245
Race/Ethnicity									
Native American*	5.2	(1.2 - 20.6)	49	-	-	29	-	-	20
Black*	11.2	(7.6 - 16.1)	98	7.9	(2.3 - 24.0)	45	14.2	(7.8 - 24.4)	53
Hispanic/Latino	7.8	(4.1 - 14.5)	156	12.2	(6.0 - 23.3)	86	2.0	(0.5 - 8.4)	68
White*	6.0	(4.5 - 8.0)	915	4.1	(2.4 - 7.1)	439	8.1	(5.1 - 12.7)	464
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	7.7	(4.5 - 13.1)	96	10.0	(4.3 - 21.6)	47	5.5	(1.2 - 21.6)	49

Note: 62 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN54: Percentage of students who currently used an electronic vapor product to vape marijuana (also called pot or weed, including THC, THC concentrates, hash oil, or waxes, on at least one day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	3.7	(2.5 - 5.5)	1,460	2.9	(1.6 - 5.3)	714	4.6	(2.9 - 7.2)	725
Age									
11 or younger	1.6	(0.4 - 5.6)	166	0.9	(0.1 - 7.3)	69	2.3	(0.5 - 10.2)	92
12	2.7	(1.5 - 5.0)	416	0.7	(0.2 - 3.1)	207	5.2	(2.5 - 10.3)	200
13	5.3	(3.2 - 8.7)	545	5.9	(2.7 - 12.3)	258	4.8	(2.8 - 8.0)	285
14 or older	3.8	(1.8 - 7.7)	329	2.6	(1.0 - 6.5)	180	5.4	(2.1 - 12.9)	146
Grade									
6th	1.9	(0.8 - 4.2)	370	0.3	(0.0 - 2.3)	168	3.7	(1.5 - 8.8)	192
7th	4.1	(2.4 - 6.8)	583	4.1	(1.9 - 8.7)	295	4.2	(2.0 - 8.4)	283
8th	4.7	(2.8 - 7.8)	499	3.5	(1.5 - 7.9)	246	5.9	(3.3 - 10.5)	249
Race/Ethnicity									
Native American*	1.9	(0.2 - 14.9)	49	-	-	29	-	-	20
Black*	6.3	(3.1 - 12.4)	102	6.7	(1.6 - 23.9)	46	6.0	(2.3 - 15.0)	56
Hispanic/Latino	5.0	(2.2 - 11.1)	166	3.0	(0.8 - 10.3)	89	8.0	(3.6 - 17.1)	75
White*	3.3	(2.0 - 5.3)	938	2.3	(1.1 - 4.8)	452	4.4	(2.5 - 7.7)	474
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	5.2	(1.6 - 15.4)	98	4.5	(1.0 - 17.4)	48	5.9	(1.7 - 18.4)	50

Note: 21 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN55: Percentage of students who had oral sex

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	8.6	(7.2 - 10.2)	1,376	8.2	(6.3 - 10.7)	672	9.0	(6.7 - 12.1)	690
Age									
11 or younger	6.7	(4.0 - 11.0)	156	4.9	(1.8 - 12.6)	65	8.5	(4.6 - 15.1)	88
12	5.9	(3.6 - 9.5)	397	5.6	(2.6 - 11.8)	199	6.4	(3.7 - 10.8)	192
13	9.2	(6.3 - 13.3)	503	9.0	(5.7 - 14.1)	234	9.0	(5.7 - 13.9)	267
14 or older	12.3	(8.8 - 17.1)	316	11.8	(7.4 - 18.4)	174	13.1	(7.1 - 22.8)	141
Grade									
6th	5.1	(4.0 - 6.5)	345	3.0	(1.3 - 6.7)	159	7.5	(5.1 - 10.8)	181
7th	8.4	(5.6 - 12.5)	550	9.2	(5.0 - 16.4)	275	7.8	(5.3 - 11.2)	271
8th	11.5	(8.1 - 16.1)	473	11.4	(7.7 - 16.6)	234	11.3	(6.3 - 19.4)	236
Race/Ethnicity									
Native American*	7.4	(2.5 - 20.0)	44	-	-	28	-	-	16
Black*	9.5	(4.8 - 18.1)	95	4.2	(0.9 - 17.1)	37	13.3	(6.7 - 24.5)	58
Hispanic/Latino	8.4	(4.7 - 14.6)	152	7.4	(3.9 - 13.5)	81	10.0	(4.3 - 21.5)	70
White*	8.1	(6.3 - 10.3)	895	8.1	(5.6 - 11.5)	436	8.0	(5.4 - 11.5)	451
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	17.4	(10.0 - 28.5)	91	17.8	(9.0 - 32.1)	42	17.2	(6.6 - 37.6)	49

Note: 105 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN56: Percentage of students who ever tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; smoking cigarettes; or skipping meals

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	30.2	(25.8 - 35.0)	1,429	17.0	(12.9 - 22.1)	697	43.4	(36.7 - 50.4)	713
Age									
11 or younger	23.5	(15.3 - 34.4)	160	15.3	(8.2 - 26.7)	64	28.9	(17.4 - 44.0)	92
12	27.6	(23.2 - 32.4)	408	14.4	(9.6 - 20.9)	203	41.8	(32.0 - 52.3)	197
13	32.2	(26.6 - 38.4)	529	17.6	(11.2 - 26.6)	250	46.0	(38.8 - 53.4)	277
14 or older	34.7	(28.5 - 41.5)	328	20.2	(13.7 - 28.7)	180	52.1	(41.5 - 62.4)	145
Grade									
6th	24.4	(19.4 - 30.1)	356	14.0	(8.2 - 23.1)	161	34.1	(24.0 - 45.9)	187
7th	30.1	(24.5 - 36.2)	576	17.7	(12.0 - 25.3)	290	42.5	(35.4 - 50.0)	281
8th	35.6	(30.3 - 41.2)	490	18.8	(12.9 - 26.6)	243	52.5	(43.2 - 61.6)	243
Race/Ethnicity									
Native American*	40.7	(27.9 - 54.9)	47	-	-	28	-	-	19
Black*	37.0	(20.9 - 56.6)	100	22.3	(12.4 - 36.8)	43	49.3	(24.3 - 74.6)	57
Hispanic/Latino	30.1	(22.4 - 39.1)	165	20.3	(13.5 - 29.4)	88	44.6	(30.4 - 59.8)	75
White*	29.9	(26.1 - 34.0)	919	16.6	(12.1 - 22.3)	444	43.1	(38.4 - 48.0)	465
All other races*	-	-	22	-	-	13	-	-	9
Multiple races*	33.9	(26.1 - 42.7)	98	21.1	(11.6 - 35.1)	47	45.6	(29.9 - 62.1)	51

Note: 52 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN57: Percentage of students who have ever eaten an amount of food that most people would consider to be very large in a short period of time, sometimes called an "eating binge" (during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	43.3	(39.6 - 47.0)	1,419	40.2	(34.7 - 46.0)	692	46.0	(40.6 - 51.5)	709
Age									
11 or younger	36.8	(28.9 - 45.5)	155	25.5	(17.4 - 35.6)	64	44.7	(33.0 - 57.1)	88
12	39.1	(34.7 - 43.8)	402	37.7	(30.0 - 46.1)	197	40.2	(31.9 - 49.1)	196
13	46.9	(40.5 - 53.4)	531	41.0	(32.1 - 50.6)	251	52.4	(45.2 - 59.6)	278
14 or older	46.7	(39.7 - 53.9)	327	49.0	(39.5 - 58.5)	180	43.9	(35.1 - 53.1)	145
Grade									
6th	37.6	(31.9 - 43.7)	351	31.3	(23.0 - 40.9)	158	42.8	(35.8 - 50.2)	184
7th	43.1	(37.3 - 49.2)	571	40.4	(34.0 - 47.1)	289	45.8	(36.6 - 55.3)	278
8th	48.8	(44.4 - 53.1)	492	48.3	(39.8 - 56.9)	242	49.1	(41.9 - 56.4)	246
Race/Ethnicity									
Native American*	50.0	(34.5 - 65.4)	49	-	-	29	-	-	20
Black*	36.9	(25.6 - 49.9)	97	36.0	(22.0 - 52.9)	42	37.6	(24.2 - 53.2)	55
Hispanic/Latino	42.3	(33.6 - 51.5)	164	39.5	(28.6 - 51.6)	88	44.4	(34.2 - 55.2)	75
White*	44.4	(39.8 - 49.1)	918	41.6	(34.9 - 48.6)	441	46.8	(40.6 - 53.1)	465
All other races*	-	-	22	-	-	13	-	-	9
Multiple races*	44.6	(35.5 - 54.0)	97	42.3	(25.6 - 61.0)	46	46.6	(32.9 - 60.8)	51

Note: 62 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN58: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.0	(4.5 - 7.8)	1,450	7.4	(5.5 - 9.7)	704	4.3	(2.9 - 6.4)	725
Age									
11 or younger	6.1	(2.1 - 15.9)	161	6.8	(2.3 - 18.8)	66	5.6	(1.9 - 15.8)	90
12	5.4	(2.7 - 10.5)	416	6.0	(3.0 - 11.6)	207	4.3	(1.4 - 12.0)	200
13	5.5	(3.8 - 8.1)	535	8.0	(4.9 - 12.7)	249	3.3	(1.5 - 7.1)	284
14 or older	7.3	(4.5 - 11.5)	334	8.4	(4.6 - 14.9)	182	5.3	(2.1 - 12.6)	149
Grade									
6th	5.4	(2.3 - 12.2)	365	5.9	(2.4 - 14.0)	166	4.5	(1.5 - 12.4)	189
7th	7.4	(5.0 - 10.8)	581	9.3	(6.2 - 13.8)	292	5.2	(2.8 - 9.3)	284
8th	5.1	(3.2 - 8.0)	497	6.8	(3.8 - 12.0)	243	3.4	(1.8 - 6.3)	250
Race/Ethnicity									
Native American*	3.7	(0.9 - 13.4)	49	-	-	29	-	-	20
Black*	6.7	(2.7 - 15.5)	102	8.9	(2.8 - 24.5)	45	4.7	(0.9 - 21.1)	57
Hispanic/Latino	5.7	(3.0 - 10.6)	167	4.8	(2.0 - 11.2)	89	7.1	(2.4 - 19.1)	76
White*	5.0	(3.5 - 7.0)	929	6.6	(4.6 - 9.4)	444	3.2	(1.7 - 5.9)	473
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	10.1	(5.4 - 17.9)	99	9.6	(3.7 - 22.7)	48	10.5	(4.2 - 24.1)	51

Note: 31 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN59: Percentage of students who reported walking as their main form of physical activity when they were active for at least 60 minutes (among students who were physically active for at least 60 minutes during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.9	(9.1 - 13.1)	1,257	7.1	(4.9 - 10.0)	622	14.9	(12.8 - 17.4)	619
Age									
11 or younger	6.8	(2.8 - 15.7)	144	7.2	(1.7 - 26.4)	61	6.8	(2.2 - 18.9)	79
12	9.1	(6.3 - 13.1)	354	7.2	(4.3 - 11.8)	182	11.2	(6.8 - 17.8)	164
13	12.3	(9.3 - 16.0)	476	5.3	(3.1 - 9.0)	222	18.9	(13.7 - 25.5)	253
14 or older	13.8	(9.9 - 19.0)	280	9.1	(5.0 - 16.2)	157	18.8	(12.2 - 28.0)	121
Grade									
6th	7.8	(4.8 - 12.5)	313	5.2	(2.2 - 11.8)	147	10.6	(5.4 - 19.7)	157
7th	11.2	(8.0 - 15.5)	505	9.1	(6.1 - 13.2)	257	13.6	(8.9 - 20.3)	245
8th	13.4	(10.2 - 17.5)	434	6.6	(4.1 - 10.2)	215	20.0	(15.5 - 25.4)	216
Race/Ethnicity									
Native American*	7.7	(2.5 - 21.1)	40	-	-	25	-	-	15
Black*	10.2	(5.2 - 19.1)	82	6.0	(1.1 - 26.4)	40	14.8	(7.3 - 27.4)	42
Hispanic/Latino	13.6	(8.6 - 21.1)	136	12.0	(5.6 - 24.0)	75	16.3	(8.7 - 28.4)	60
White*	11.6	(9.4 - 14.1)	824	7.0	(4.9 - 10.1)	402	15.9	(13.2 - 19.1)	412
All other races*	-	-	22	-	-	14	-	-	8
Multiple races*	7.8	(3.9 - 15.1)	88	4.8	(1.1 - 17.7)	40	10.4	(4.6 - 22.1)	48

Note: 224 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN60: Percentage of students who reported that some of their classroom teachers provide short physical activity breaks during regular class time (not counting their physical education teacher)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	26.1	(22.6 - 30.0)	1,435	27.5	(22.4 - 33.2)	699	24.8	(21.1 - 29.0)	717
Age									
11 or younger	29.8	(21.6 - 39.7)	164	25.6	(16.5 - 37.5)	67	34.6	(26.2 - 44.2)	93
12	22.3	(17.1 - 28.6)	411	24.6	(16.0 - 35.9)	205	19.1	(15.6 - 23.3)	198
13	28.7	(21.0 - 37.9)	527	30.2	(21.2 - 41.0)	246	27.1	(19.2 - 36.9)	279
14 or older	25.0	(19.1 - 32.0)	329	28.5	(22.0 - 36.0)	181	20.9	(13.3 - 31.4)	145
Grade									
6th	28.0	(20.3 - 37.3)	364	26.6	(15.6 - 41.5)	165	29.9	(22.3 - 38.7)	190
7th	24.2	(17.7 - 32.2)	575	27.9	(20.6 - 36.6)	289	20.4	(14.3 - 28.4)	282
8th	26.3	(19.0 - 35.2)	490	27.7	(19.9 - 37.1)	243	24.8	(16.9 - 34.9)	243
Race/Ethnicity									
Native American*	33.0	(16.4 - 55.2)	47	-	-	27	-	-	20
Black*	22.3	(12.2 - 37.2)	98	29.4	(16.9 - 45.9)	42	16.5	(7.1 - 33.8)	56
Hispanic/Latino	28.3	(18.1 - 41.4)	162	29.5	(16.5 - 46.9)	87	27.5	(18.0 - 39.5)	74
White*	25.7	(22.7 - 29.0)	929	25.9	(20.8 - 31.7)	450	25.6	(21.8 - 29.8)	468
All other races*	-	-	23	-	-	14	-	-	9
Multiple races*	25.2	(16.3 - 36.7)	97	30.7	(15.9 - 51.0)	47	19.9	(9.9 - 36.0)	50

Note: 46 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN61: Percentage of students who missed one or more days of school because their mental health was not good (including stress, anxiety, and depression, during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	20.8	(17.9 - 24.1)	1,434	14.0	(10.7 - 18.0)	702	27.4	(23.0 - 32.2)	714
Age									
11 or younger	16.8	(9.8 - 27.2)	166	15.2	(7.1 - 29.6)	68	16.8	(9.6 - 27.6)	93
12	19.8	(15.1 - 25.7)	405	13.2	(8.6 - 19.8)	203	26.4	(20.5 - 33.3)	196
13	22.9	(18.8 - 27.5)	528	14.3	(10.1 - 19.9)	248	30.5	(23.7 - 38.2)	278
14 or older	21.7	(16.7 - 27.7)	331	13.8	(7.7 - 23.5)	183	31.3	(24.7 - 38.7)	145
Grade									
6th	20.3	(14.6 - 27.5)	363	15.5	(9.9 - 23.5)	166	24.4	(18.1 - 31.9)	190
7th	19.4	(15.0 - 24.7)	569	10.4	(7.5 - 14.4)	287	28.4	(20.8 - 37.5)	277
8th	22.4	(18.7 - 26.6)	495	15.7	(10.5 - 23.0)	246	28.9	(22.9 - 35.7)	245
Race/Ethnicity									
Native American*	29.3	(11.7 - 56.4)	46	-	-	27	-	-	19
Black*	29.2	(21.7 - 38.0)	99	21.1	(11.4 - 35.7)	43	36.1	(23.4 - 51.1)	56
Hispanic/Latino	18.6	(11.4 - 28.9)	164	12.6	(6.6 - 22.7)	89	26.4	(14.9 - 42.4)	73
White*	19.3	(16.2 - 22.7)	925	12.1	(9.2 - 15.8)	446	26.2	(21.5 - 31.5)	469
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	27.5	(19.2 - 37.8)	95	30.5	(20.1 - 43.3)	46	24.8	(14.6 - 39.0)	49

Note: 47 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN62: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	27.0	(23.8 - 30.6)	1,013	27.7	(22.8 - 33.3)	405	26.8	(22.8 - 31.2)	591
Age									
11 or younger	28.9	(20.6 - 38.9)	124	28.9	(12.2 - 54.2)	45	30.4	(18.4 - 45.8)	75
12	27.4	(21.8 - 33.9)	289	29.3	(19.9 - 40.9)	113	25.9	(20.2 - 32.7)	168
13	27.8	(21.9 - 34.4)	370	29.4	(21.0 - 39.4)	140	26.8	(19.5 - 35.6)	229
14 or older	24.3	(18.8 - 30.7)	228	23.3	(16.5 - 31.8)	107	25.6	(18.7 - 34.0)	119
Grade									
6th	27.1	(20.5 - 34.9)	274	26.2	(14.7 - 42.4)	107	28.5	(20.7 - 37.9)	158
7th	30.4	(25.3 - 36.1)	387	33.2	(24.0 - 43.9)	149	28.9	(22.7 - 36.0)	234
8th	23.7	(19.4 - 28.8)	349	24.8	(17.5 - 33.9)	148	23.3	(17.7 - 30.0)	198
Race/Ethnicity									
Native American*	9.4	(2.4 - 30.5)	31	-	-	15	-	-	16
Black*	20.0	(12.4 - 30.6)	57	-	-	19	20.9	(12.1 - 33.6)	38
Hispanic/Latino	26.5	(14.9 - 42.4)	119	28.0	(10.5 - 56.4)	53	26.3	(17.0 - 38.2)	64
White*	28.2	(24.4 - 32.4)	662	28.8	(22.3 - 36.3)	263	28.1	(23.2 - 33.5)	387
All other races*	-	-	18	-	-	10	-	-	8
Multiple races*	24.4	(13.0 - 41.1)	71	-	-	25	25.3	(11.3 - 47.4)	46

Note: 468 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN63: Percentage of students who would most likely talk with their parent or other adult family member about their feelings (among students who report having felt sad, empty, hopeless, angry, or anxious)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	31.1	(27.0 - 35.5)	981	36.6	(32.3 - 41.2)	388	27.5	(22.8 - 32.8)	575
Age									
11 or younger	47.1	(41.0 - 53.3)	121	57.5	(39.8 - 73.5)	42	41.4	(30.5 - 53.2)	75
12	35.6	(27.9 - 44.1)	279	44.8	(35.7 - 54.3)	110	28.9	(20.0 - 39.9)	161
13	27.2	(22.8 - 32.1)	361	34.2	(26.0 - 43.5)	134	22.8	(17.7 - 28.9)	226
14 or older	21.3	(15.9 - 27.9)	218	19.4	(11.7 - 30.4)	102	23.7	(16.8 - 32.2)	113
Grade									
6th	42.0	(35.8 - 48.4)	265	49.7	(40.6 - 58.8)	102	36.3	(27.2 - 46.4)	154
7th	29.3	(24.2 - 34.9)	378	35.2	(26.7 - 44.8)	143	26.2	(19.1 - 34.9)	230
8th	22.5	(17.5 - 28.4)	336	25.1	(17.7 - 34.4)	142	20.7	(15.7 - 26.7)	191
Race/Ethnicity									
Native American*	33.5	(19.4 - 51.4)	30	-	-	15	-	-	15
Black*	15.4	(6.0 - 34.3)	56	-	-	19	9.2	(3.6 - 21.7)	37
Hispanic/Latino	24.1	(16.8 - 33.2)	111	31.9	(18.7 - 48.8)	48	18.3	(9.2 - 33.1)	61
White*	32.0	(27.1 - 37.3)	648	36.2	(31.8 - 40.9)	257	29.5	(23.4 - 36.5)	379
All other races*	-	-	17	-	-	9	-	-	8
Multiple races*	30.7	(18.4 - 46.4)	65	-	-	22	26.9	(14.0 - 45.4)	43

Note: 500 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN64: Percentage of students who do not have an adult in their life that they trust and can talk to about serious problems

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	13.5	(11.6 - 15.7)	1,420	10.3	(8.0 - 13.3)	697	16.5	(13.8 - 19.6)	707
Age									
11 or younger	10.2	(7.0 - 14.8)	159	4.5	(1.6 - 11.8)	67	15.3	(8.9 - 25.0)	89
12	13.2	(10.0 - 17.3)	409	8.0	(5.8 - 10.9)	205	18.6	(12.6 - 26.7)	197
13	15.9	(12.6 - 20.0)	525	14.0	(8.6 - 22.0)	245	17.8	(13.2 - 23.4)	278
14 or older	12.1	(9.1 - 15.9)	323	11.3	(7.9 - 15.9)	180	12.5	(7.7 - 19.7)	141
Grade									
6th	12.3	(9.0 - 16.5)	360	7.5	(5.2 - 10.9)	167	17.4	(10.9 - 26.4)	187
7th	14.1	(9.5 - 20.5)	567	10.9	(6.4 - 18.0)	285	16.7	(10.3 - 25.8)	278
8th	14.1	(11.7 - 17.0)	487	12.4	(9.4 - 16.2)	243	15.7	(10.8 - 22.4)	240
Race/Ethnicity									
Native American*	25.3	(14.5 - 40.3)	46	-	-	27	-	-	19
Black*	15.2	(8.1 - 26.7)	96	9.7	(3.2 - 25.6)	41	19.8	(8.2 - 40.4)	55
Hispanic/Latino	21.9	(16.4 - 28.7)	160	13.7	(7.3 - 24.1)	88	31.4	(20.0 - 45.6)	71
White*	12.7	(10.2 - 15.7)	920	10.1	(6.8 - 14.7)	444	15.1	(12.4 - 18.2)	466
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	9.1	(4.8 - 16.6)	94	9.6	(4.5 - 19.4)	46	8.6	(3.1 - 21.6)	48

Note: 61 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN65: Percentage of students who reported their parents or other adults in their family most of the time or always ask where they are going or with whom they will be

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	64.0	(60.5 - 67.5)	1,415	57.4	(52.8 - 61.8)	695	71.5	(67.8 - 75.0)	701
Age									
11 or younger	62.5	(55.5 - 69.1)	161	60.6	(45.8 - 73.7)	67	64.6	(54.4 - 73.7)	90
12	59.9	(49.6 - 69.4)	399	53.2	(40.4 - 65.7)	203	68.3	(58.0 - 77.1)	188
13	64.6	(59.1 - 69.7)	526	55.4	(49.3 - 61.3)	245	73.3	(66.2 - 79.4)	279
14 or older	69.1	(64.9 - 73.0)	325	63.2	(56.5 - 69.3)	180	77.0	(69.8 - 83.0)	142
Grade									
6th	59.0	(52.1 - 65.6)	359	54.5	(43.8 - 64.9)	167	64.1	(56.1 - 71.4)	184
7th	62.9	(56.3 - 69.1)	564	53.4	(45.1 - 61.5)	282	73.1	(66.6 - 78.8)	277
8th	70.0	(66.1 - 73.6)	485	64.1	(58.7 - 69.1)	243	76.3	(69.5 - 82.0)	238
Race/Ethnicity									
Native American*	50.7	(35.1 - 66.1)	45	-	-	26	-	-	19
Black*	74.7	(65.0 - 82.4)	97	75.8	(61.4 - 86.0)	43	73.7	(62.1 - 82.7)	54
Hispanic/Latino	62.0	(55.5 - 68.1)	161	56.9	(49.4 - 64.0)	89	68.3	(57.2 - 77.6)	71
White*	63.8	(58.1 - 69.1)	915	55.9	(48.8 - 62.8)	441	72.5	(66.6 - 77.7)	463
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	58.5	(48.4 - 68.0)	96	51.4	(35.6 - 67.0)	46	64.9	(50.9 - 76.7)	50

Note: 66 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QN66: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	64.9	(61.5 - 68.1)	1,419	65.9	(61.2 - 70.4)	695	64.7	(60.7 - 68.4)	706
Age									
11 or younger	68.1	(60.4 - 74.9)	163	72.6	(60.6 - 81.9)	67	66.7	(57.7 - 74.6)	92
12	68.5	(64.2 - 72.6)	405	73.4	(66.3 - 79.5)	202	63.8	(56.2 - 70.7)	196
13	64.3	(57.8 - 70.4)	523	63.6	(54.7 - 71.6)	247	65.3	(57.5 - 72.3)	274
14 or older	58.9	(51.9 - 65.6)	324	56.9	(47.7 - 65.6)	179	62.8	(54.2 - 70.7)	142
Grade									
6th	67.9	(62.4 - 72.9)	363	72.3	(63.7 - 79.5)	167	64.4	(58.9 - 69.6)	189
7th	68.0	(60.9 - 74.3)	567	69.1	(60.8 - 76.3)	282	67.3	(58.6 - 74.8)	280
8th	59.1	(53.8 - 64.3)	482	56.8	(48.7 - 64.5)	243	62.4	(54.7 - 69.6)	235
Race/Ethnicity									
Native American*	62.0	(47.1 - 74.9)	46	-	-	27	-	-	19
Black*	60.2	(48.7 - 70.7)	97	66.1	(50.9 - 78.6)	44	54.8	(38.7 - 70.0)	53
Hispanic/Latino	60.8	(53.5 - 67.7)	165	70.4	(60.6 - 78.6)	90	46.2	(36.3 - 56.4)	74
White*	65.6	(61.7 - 69.3)	912	65.6	(59.4 - 71.3)	440	66.6	(62.1 - 70.7)	462
All other races*	-	-	23	-	-	14	-	-	9
Multiple races*	66.0	(53.9 - 76.3)	96	61.0	(42.1 - 77.1)	46	70.6	(59.3 - 79.7)	50

Note: 62 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QNWATER3: Percentage of students who drank a bottle or glass of plain water three or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	45.7	(42.9 - 48.4)	1,450	45.3	(41.0 - 49.7)	704	45.8	(43.5 - 48.2)	725
Age									
11 or younger	47.0	(35.7 - 58.7)	161	45.9	(32.6 - 59.9)	66	46.7	(34.7 - 59.2)	90
12	44.4	(40.5 - 48.4)	416	45.5	(37.3 - 53.9)	207	42.9	(34.5 - 51.8)	200
13	45.2	(40.4 - 50.1)	535	45.2	(40.0 - 50.5)	249	45.3	(38.5 - 52.3)	284
14 or older	47.1	(41.5 - 52.8)	334	45.0	(38.5 - 51.8)	182	50.1	(41.5 - 58.7)	149
Grade									
6th	45.4	(39.1 - 51.9)	365	43.1	(33.2 - 53.7)	166	47.1	(42.5 - 51.9)	189
7th	44.0	(39.3 - 48.8)	581	45.1	(38.7 - 51.6)	292	42.5	(37.2 - 48.0)	284
8th	47.8	(42.9 - 52.7)	497	47.8	(42.0 - 53.6)	243	47.9	(41.2 - 54.6)	250
Race/Ethnicity									
Native American*	37.5	(21.6 - 56.7)	49	-	-	29	-	-	20
Black*	45.4	(35.4 - 55.8)	102	44.1	(29.2 - 60.1)	45	46.7	(33.9 - 59.9)	57
Hispanic/Latino	42.4	(32.5 - 53.0)	167	43.2	(31.7 - 55.5)	89	40.4	(28.7 - 53.4)	76
White*	47.0	(43.3 - 50.7)	929	47.5	(41.9 - 53.2)	444	46.5	(43.5 - 49.5)	473
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	41.4	(31.3 - 52.2)	99	37.3	(21.8 - 56.1)	48	45.2	(29.2 - 62.2)	51

Note: 31 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QNWATER1: Percentage of students who drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	66.1	(62.9 - 69.2)	1,450	66.8	(61.2 - 71.9)	704	65.3	(62.0 - 68.5)	725
Age									
11 or younger	69.3	(59.7 - 77.4)	161	62.6	(45.1 - 77.4)	66	73.7	(57.6 - 85.2)	90
12	65.3	(60.1 - 70.2)	416	69.2	(60.3 - 76.8)	207	61.1	(55.9 - 66.1)	200
13	64.8	(58.3 - 70.7)	535	65.9	(58.8 - 72.4)	249	63.9	(56.6 - 70.6)	284
14 or older	67.4	(62.3 - 72.2)	334	67.0	(60.5 - 72.9)	182	68.0	(60.5 - 74.6)	149
Grade									
6th	65.6	(59.7 - 71.1)	365	65.2	(53.9 - 75.0)	166	65.6	(58.9 - 71.7)	189
7th	64.2	(56.9 - 70.9)	581	65.0	(57.2 - 72.1)	292	63.3	(54.6 - 71.2)	284
8th	68.4	(63.5 - 73.0)	497	70.0	(63.5 - 75.7)	243	66.8	(60.2 - 72.7)	250
Race/Ethnicity									
Native American*	55.5	(41.1 - 69.1)	49	-	-	29	-	-	20
Black*	62.5	(49.0 - 74.3)	102	65.3	(43.2 - 82.3)	45	60.0	(39.1 - 77.8)	57
Hispanic/Latino	59.6	(50.4 - 68.3)	167	66.6	(52.8 - 78.1)	89	48.4	(37.0 - 59.9)	76
White*	68.3	(63.3 - 72.8)	929	68.7	(61.9 - 74.8)	444	67.9	(63.6 - 71.9)	473
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	58.1	(46.4 - 68.9)	99	52.7	(35.8 - 69.0)	48	63.2	(47.8 - 76.3)	51

Note: 31 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Kentucky Middle School Survey Summary Tables - Weighted Data

QNWATER2: Percentage of students who drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	60.1	(57.3 - 62.9)	1,450	61.8	(56.7 - 66.7)	704	58.3	(55.3 - 61.1)	725
Age									
11 or younger	61.1	(49.1 - 71.9)	161	58.2	(44.9 - 70.5)	66	63.0	(44.6 - 78.2)	90
12	60.2	(54.8 - 65.3)	416	64.3	(55.4 - 72.4)	207	55.3	(47.6 - 62.7)	200
13	58.9	(53.1 - 64.5)	535	61.2	(52.7 - 69.0)	249	57.0	(50.3 - 63.5)	284
14 or older	61.4	(54.9 - 67.5)	334	61.3	(53.6 - 68.4)	182	61.4	(53.5 - 68.7)	149
Grade									
6th	60.2	(54.9 - 65.3)	365	60.8	(50.8 - 70.0)	166	59.1	(53.5 - 64.5)	189
7th	58.7	(52.3 - 64.8)	581	60.9	(52.4 - 68.9)	292	56.2	(49.6 - 62.6)	284
8th	61.8	(56.1 - 67.2)	497	63.9	(57.2 - 70.0)	243	59.6	(53.2 - 65.6)	250
Race/Ethnicity									
Native American*	51.4	(38.0 - 64.6)	49	-	-	29	-	-	20
Black*	60.2	(46.5 - 72.5)	102	61.8	(41.1 - 78.9)	45	58.9	(38.3 - 76.8)	57
Hispanic/Latino	55.8	(47.8 - 63.4)	167	63.0	(51.6 - 73.0)	89	45.6	(34.0 - 57.6)	76
White*	61.4	(57.7 - 65.0)	929	62.9	(56.8 - 68.7)	444	59.7	(56.5 - 62.8)	473
All other races*	-	-	24	-	-	15	-	-	9
Multiple races*	54.5	(42.0 - 66.5)	99	52.7	(35.8 - 69.0)	48	56.2	(38.0 - 72.9)	51

Note: 31 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.